

We are delighted and honored to announce that Gender Spectrum was chosen by the San Francisco FrontRunners to be the beneficiary of the 40th Annual San Francisco Pride Run! This is always one of the most enjoyable events of Pride weekend, with runners (and walkers) from throughout the Bay Area coming together for a fun, joyous time in the park.

The run will be held on Saturday, June 29 at 9am — registration is now open!

**[Register now!](#)**



Online registration is highly encouraged — registration fees increase after June 15 so don't delay!

This is a wonderful way for the whole family to kick-off Pride weekend and help support Gender Spectrum. The Pride race has both a 5K and 10K option, and a pre-race Kids Race (no registration required), refreshments, entertainment as well as a Post-race award ceremony.

The race course begins and ends at the South entrance of Polo Field in Golden Gate Park. Runners start at 9am, and all participants should arrive at the course by 8:30am. Even if you don't run, SF FrontRunners also needs volunteers - there are flexible time slots from 7am to noon, and you can join on your own or as a team. Add your name to the volunteer list [here](#).

For more details, you can see the SF FrontRunners website, or if you have any questions, please contact Candace Lopez at [clopez@genderspectrum.org](mailto:clopez@genderspectrum.org).

We hope to see you there!



**40** TH ANNUAL  
**SAN FRANCISCO FRONTRUNNERS**  
2019 PRIDE RUN