Faith and spiritual leaders can do more to provide spiritual counsel to Gender-expansive young people in the context of one’s own religion.

See “How to Find a Welcoming Faith Community for Your Family,” with a wealth of resources to help you find a gender-inclusive community. Also see our recent programs on Reflections on Gender and Faith here and our “Topics” page on Gender and Faith here.

Understanding Gender

- Understanding Gender
- The Language of Gender

General Faith & Gender Resources

Books:

- Transgender Journeys by Virginia Ramey Mollenkott and Vanessa Sheridan
- Omnimender: A Trans-Religious Approach by Virginia Ramey Mollenkott

Online:

- Gender Spectrum’s Best Practices for Religious, Faith, and Spiritual Leaders
- Transitioning to Inclusion: Embracing Lesbian, Gay, Bisexual, Transgender, and Questioning Youth in Faith Communities
- Gender Identity & Our Faith Communities – A Congregational Guide for Transgender Advocacy
- Transgender Equality and the Work of Faith: The Role of Religious Leadership in a Transphobic World
- TransAction: A Trans Curriculum for Churches and Religious Institutions
- Transgender Curriculum for Faith Communities
- Unitarian Universalism: Transgender 101 Identity, Inclusion, and Resources

Organizations:

- Transfaith
- Center for Inclusivity
- The Institute for Welcoming Resources
- Queer Asian Spirit

Judaism

Books:
Balancing on the Mechitza: Transgender in Jewish Community by Noach Dzmura
Through the Door of Life: A Jewish Journey between Genders by Joy Ladin
The Soul of the Stranger: Reading God and Torah from a Transgender Perspective by Joy Ladin
Transgender and Jewish edited by Naomi Zeveloff
Torah Queeries: Weekly Commentaries on the Hebrew Bible edited by y Gregg Drinkwater, Joshua Lesser, and David Sheer

Online:

Gender Diversity in Halacha (The way we walk): Mishna and Tosefta (1st-2nd centuries C.E.)
Kol B’ mishpachat Elohim – All in God’s Family: A Jewish Guide to Creating Allies for Our LGBT Families
Coming Home to Judaism and to Self
Rituals and Prayers for Transition

Organizations:

Keshet
TransTorah
The Institute for Judaism, Sexual Orientation & Gender Identity
Jewish Queer Youth (JQY)

Christianity

Books:

Ministry Among God’s Queer Folk: LGBT Pastoral Care by David Kundtz
Retreating Forward: A Spiritual Practice with Transgender Persons by David Elias Weekley
A Brief Guide to Ministry with LGBTQIA Youth by Cody J. Sanders
Transforming: The Bible and the Lives of Transgender Christians by Austen Hartke
This Is My Body: Hearing the Theology of Transgender Christians by Christina Beardsley
Transgender Children of God by Megan Rohrer
Transparently: Behind the Scenes of a Good Life by Lisa S. Salazar
Trans/formations by Marcella Althaus-Reid and Lisa Isherwood
Transgender, Intersex, and Biblical Interpretation by Teresa J. Hornsby and Deryn Guest

Online:

Transgender Welcome: A Bishop Makes the Case for Affirmation by Bishop Gene Robinson
Biblical Sexuality and Gender: Renewing Christian Witness to the Gospel
A La Familia: Una Conversación Sobre Nuestras Familias, la Biblia, la Orientación Sexual y la Identidad de Género
• **Coming Home to Catholicism and to Self**  
  (video) **Voices of Witness: Out of the Box** from Integrity USA (Episcopal)  
  (video) **Owning Our Faith** - LGBTQ+ folks in Catholic communities  
  (video) **Call Me Malcolm** – Documentary from the United Church of Christ  
  (video) **Growing Up Transgender and Mormon** from National Geographic  
  (video) **Trans-Forming the Church: Blessed Bodies and Gender Justice** from Reconciling Ministries Network (United Methodist)

Organizations:

- **Believe Out Loud**  
- **Queer Theology**  
- **Queer Grace**  
- **Many Voices: A Black Church Movement for Gay and Transgender Justice**  
- **Generous Space Ministries**

**Islam**

Books:

- **Living Out Islam: Voices of Gay, Lesbian, and Transgender Muslims** by Scott Siraj al-Haqq Kugle  
- **Queer Jihad: LGBT Muslims on Coming Out, Activism, and the Faith** by Afdhere Jama

Online:

- **The Huriyah Blog**  
- **Coming Home to Islam and to Self**  
- **Longest Days, Sacred Nights: A Queer/Trans Ramadan Care Package**  
- **Islamic Texts: A Source for Acceptance of Queer Individuals into Mainstream Muslim Society**  
- (video) **Muslims for Progressive Values' “Intro to LGBTQ Lecture Series”**

Organizations:

- **Coming Out Muslim**  
- **Muslim Alliance for Sexual and Gender Diversity**  
- **Muslims for Progressive Values**

**Unitarian Universalism**

Books:

- **Coming Out in Faith: Voices of LGBTQ Unitarian Universalists**  
- **Struggling in Good Faith: LGBTQI Inclusion from 13 American Religious Perspectives**
Online:

- **Unitarian Universalism: A Religious Home for Lesbian, Gay, Bisexual, Transgender, and Queer People**
- **Unitarian Universalism: Transgender 101 Identity, Inclusion, and Resources**
- **The Uplift Blog and Newsletter – Unitarian Universalist Association**
- **Transgender Identity and Inclusion Webinar**
- **Crossing Paths: Where Transgender and Religion Meet**

Organizations:

- **Transgender Religious Professional Unitarian Universalists Together (TRUUsT)**
- **Unitarian Universalists for Social Justice**

**Buddhism**

Books:

- **Out of the Ordinary: A Life of Gender and Spiritual Transitions** by Michael Dillon
- **Sexuality in Classical South Asian Buddhism** by José Ignacio Cabezón
- **The Trans* Buddhist Anthology** by Kevin Manders and Elizabeth Marston (In Progress)

Online:

- **Developing Trans* Competence: A Short Guide to Improving Transgender Experiences at Meditation and Retreat Centers**
- **We’re Queer And We’ve Been Here: Rediscovering Buddhism’s LGBT History of Gay Monks, Homoerotic Samurai, and Gender-Nonconforming Practitioners and Gods**
- **Gender Dysphoria and the Dharma**
- **Voluntarily Assuming the Appropriate Karma**
- **Does my transgender identity conflict with Buddhism’s teachings on no-self?**

Organizations:

- **TransBuddhists**
- **International Transgender Buddhist Sangha**

**Confucianism and Taoism**

Books:

- **Transgender China** by Howard Chiang
- **After Eunuchs: Science, Medicine, and the Transformation of Sex in Modern China** by Howard Chiang
- **Tao of Gender** by Tarynn M. Witten
Online:

- 6 Steps to Explaining Your Transgender Identity to Your Immigrant Family by Amy Sun
- Transgender Performance in Early Modern China by Sarah E. Kile
- The Tao of Transition Blog by Zander Keig
- Resources for API Families from PFLAG

Organizations:

- The National Queer Asian Pacific Islander Alliance

Native Traditionalism and Indigenous Beliefs

Books:

- Two-Spirit People: Native American Gender Identity, Sexuality, and Spirituality by Sue-Ellen Jacobs, Wesley Thomas, and Sabine Lang
- Gender in Pre-Hispanic America by Cecelia F. Klein
- Gay, Lesbian, Bisexual, and Transgender Myths from the Arapaho to the Zuñi: An Anthology by Jim Elledge

Online:

- Two Spirit Terminology and Identity
- Two Spirits - film
- Two-Spirit: The Journey of Indigenous Gender Identity
- Two Spirit: My Journey Home
- A Map of Gender-Diverse Cultures
- Cherokee “Two Spirits”: Gender, Ritual, and Spirituality in the Native South by Gregory D. Smithers
- Indigenous Peoples’ Day: Queer Saint Tibira and Two-Spirit Native Americans Remembered

Organizations:

- Two Spirit Journal
- Native PFLAG
- Dancing to Eagle Spirit Society

If you have a faith tradition you’d like to see represented on this list, feel free to send a request to Austen Hartke, our Faith Coordinator, at ahartke@genderspectrum.org!