

Faith and spiritual leaders can do more to provide spiritual counsel to Gender-expansive young people in the context of one's own religion.

See "[How to Find a Welcoming Faith Community for Your Family](#)," with a wealth of resources to help you find a gender-inclusive community. Also see our recent programs on [Reflections on Gender and Faith here](#) and our "Topics" page on [Gender and Faith here](#).

General Faith & Gender Resources

Books:

- [Transgender Journeys](#) by Virginia Ramey Mollenkott and Vanessa Sheridan
- [Omnigender: A Trans-Religious Approach](#) by Virginia Ramey Mollenkott

Online:

- [Gender Spectrum's Best Practices for Religious, Faith, and Spiritual Leaders](#)
- [Transitioning to Inclusion: Embracing Lesbian, Gay, Bisexual, Transgender, and Questioning Youth in Faith Communities](#)
- [Gender Identity & Our Faith Communities - A Congregational Guide for Transgender Advocacy](#)
- [Transgender Equality and the Work of Faith: The Role of Religious Leadership in a Transphobic World](#)
- [TransAction: A Trans Curriculum for Churches and Religious Institutions](#)
- [Transgender Curriculum for Faith Communities](#)
- [Unitarian Universalism: Transgender 101 Identity, Inclusion, and Resources](#)

Organizations:

- [Transfaith](#)
- [Center for Inclusivity](#)
- [The Institute for Welcoming Resources](#)
- [Queer Asian Spirit](#)

Judaism

Books:

- [Balancing on the Mechitza: Transgender in Jewish Community](#) by Noach Dzmura
- [Through the Door of Life: A Jewish Journey between Genders](#) by Joy Ladin
- [The Soul of the Stranger: Reading God and Torah from a Transgender Perspective](#) by Joy Ladin
- [Transgender and Jewish](#) edited by Naomi Zeveloff
- [Torah Queeries: Weekly Commentaries on the Hebrew Bible](#) edited by y Gregg

Drinkwater, Joshua Lesser, and David Sheer

Online:

- [Gender Diversity in Halacha \(The way we walk\): Mishna and Tosefta \(1st-2nd centuries C.E.\)](#)
- [Kol B'mishpachat Elohim - All in God's Family: A Jewish Guide to Creating Allies for Our LGBT Families](#)
- [Coming Home to Judaism and to Self](#)
- [Rituals and Prayers for Transition](#)

Organizations:

- [Keshet](#)
- [TransTorah](#)
- [The Institute for Judaism, Sexual Orientation & Gender Identity](#)
- [Jewish Queer Youth \(JQY\)](#)

Christianity

Books:

- [Ministry Among God's Queer Folk: LGBT Pastoral Care](#) by David Kundtz
- [Retreating Forward: A Spiritual Practice with Transgender Persons](#) by David Elias Weekley
- [A Brief Guide to Ministry with LGBTQIA Youth](#) by Cody J. Sanders
- [Trans-gendered: Theology, Ministries, and Communities of Faith](#) by Justin Tanis
- [Transforming: The Bible and the Lives of Transgender Christians](#) by Austen Hartke
- [This Is My Body: Hearing the Theology of Transgender Christians](#) by Christina Beardsley
- [Transgender Children of God](#) by Megan Rohrer
- [Transparently: Behind the Scenes of a Good Life](#) by Lisa S. Salazar
- [Trans/formations](#) by Marcella Althaus-Reid and Lisa Isherwood
- [Transgender, Intersex, and Biblical Interpretation](#) by Teresa J. Hornsby and Deryn Guest

Online:

- [Transgender Welcome: A Bishop Makes the Case for Affirmation by Bishop Gene Robinson](#)
- [Biblical Sexuality and Gender: Renewing Christian Witness to the Gospel](#)
- [A La Familia: Una Conversación Sobre Nuestras Familias, la Biblia, la Orientación Sexual y la Identidad de Género](#)
- [Coming Home to Catholicism and to Self](#)
- (video) [Voices of Witness: Out of the Box](#) from Integrity USA (Episcopal)
- (video) [Owning Our Faith](#) - LGBTQ+ folks in Catholic communities
- (video) [Call Me Malcolm](#) - Documentary from the United Church of Christ
- (video) [Growing Up Transgender and Mormon](#) from National Geographic
- (video) [Trans-Forming the Church: Blessed Bodies and Gender Justice](#) from Reconciling

Ministries Network (United Methodist)

Organizations:

- [Believe Out Loud](#)
- [Queer Theology](#)
- [Queer Grace](#)
- [Many Voices: A Black Church Movement for Gay and Transgender Justice](#)
- [Generous Space Ministries](#)

Islam

Books:

- [Living Out Islam: Voices of Gay, Lesbian, and Transgender Muslims](#) by Scott Siraj al-Haqq Kugle
- [Queer Jihad: LGBT Muslims on Coming Out, Activism, and the Faith](#) by Afdhere Jama

Online:

- [The Huriyah Blog](#)
- [Coming Home to Islam and to Self](#)
- [Longest Days, Sacred Nights: A Queer/Trans Ramadan Care Package](#)
- [Islamic Texts: A Source for Acceptance of Queer Individuals into Mainstream Muslim Society](#)
- (video) [Muslims for Progressive Values' "Intro to LGBTQ Lecture Series"](#)

Organizations:

- [Coming Out Muslim](#)
- [Muslim Alliance for Sexual and Gender Diversity](#)
- [Muslims for Progressive Values](#)

Unitarian Universalism

Books:

- [Coming Out in Faith: Voices of LGBTQ Unitarian Universalists](#)
- [Struggling in Good Faith: LGBTQI Inclusion from 13 American Religious Perspectives](#)

Online:

- [Unitarian Universalism: A Religious Home for Lesbian, Gay, Bisexual, Transgender, and Queer People](#)
- [Unitarian Universalism: Transgender 101 Identity, Inclusion, and Resources](#)

- [The Uplift Blog and Newsletter - Unitarian Universalist Association](#)
- [Transgender Identity and Inclusion Webinar](#)
- [Crossing Paths: Where Transgender and Religion Meet](#)

Organizations:

- [Transgender Religious Professional Unitarian Universalists Together \(TRUUSt\)](#)
- [Unitarian Universalists for Social Justice](#)

Buddhism

Books:

- [Out of the Ordinary: A Life of Gender and Spiritual Transitions](#) by Michael Dillon
- [Sexuality in Classical South Asian Buddhism](#) by José Ignacio Cabezón
- [The Trans* Buddhist Anthology](#) by Kevin Manders and Elizabeth Marston (In Progress)

Online:

- [Developing Trans* Competence: A Short Guide to Improving Transgender Experiences at Meditation and Retreat Centers](#)
- [We're Queer And We've Been Here: Rediscovering Buddhism's LGBT History of Gay Monks, Homoerotic Samurai, and Gender-Nonconforming Practitioners and Gods](#)
- [Gender Dysphoria and the Dharma](#)
- [Voluntarily Assuming the Appropriate Karma](#)
- [Does my transgender identity conflict with Buddhism's teachings on no-self?](#)

Organizations:

- [TransBuddhists](#)
- [International Transgender Buddhist Sangha](#)

Confucianism and Taoism

Books:

- [Transgender China](#) by Howard Chiang
- [After Eunuchs: Science, Medicine, and the Transformation of Sex in Modern China](#) by Howard Chiang
- [Tao of Gender](#) by Tarynn M. Witten

Online:

- [6 Steps to Explaining Your Transgender Identity to Your Immigrant Family](#) by Amy Sun
- [Transgender Performance in Early Modern China](#) by Sarah E. Kile

- [The Tao of Transition Blog](#) by Zander Keig
- [Resources for API Families](#) from PFLAG

Organizations:

- [The National Queer Asian Pacific Islander Alliance](#)

Native Traditionalism and Indigenous Beliefs

Books:

- [Two-Spirit People: Native American Gender Identity, Sexuality, and Spirituality](#) by Sue- Ellen Jacobs, Wesley Thomas, and Sabine Lang
- [Gender in Pre-Hispanic America](#) by Cecelia F. Klein
- [Gay, Lesbian, Bisexual, and Transgender Myths from the Arapaho to the Zuñi: An Anthology](#) by Jim Elledge

Online:

- [Two Spirit Terminology and Identity](#)
- [Two Spirits](#) – film
- [Two-Spirit: The Journey of Indigenous Gender Identity](#)
- [Two Spirit: My Journey Home](#)
- [A Map of Gender-Diverse Cultures](#)
- [Cherokee “Two Spirits”: Gender, Ritual, and Spirituality in the Native South](#) by Gregory D. Smithers
- [Indigenous Peoples’ Day: Queer Saint Tibira and Two-Spirit Native Americans Remembered](#)

Organizations:

- [Two Spirit Journal](#)
- [Native PFLAG](#)
- [Dancing to Eagle Spirit Society](#)

If you have a faith tradition you’d like to see represented on this list, feel free to send a request to Austen Hartke, our Faith Coordinator, at ahartke@genderspectrum.org!