Gender-affirming mental health care for children and youth is a dynamic, rapidly developing area of practice. Learn more with our research and resources.

Understanding Gender

- Understanding Gender
- The Language of Gender

Principles of Affirmative Care

- Gender Affirmative Care Model
- Recommendations for Promoting the Health and Well-Being of LGBT Adolescents
- Working with Transgender Youth – Getting Down to Basics

Best Practices

- Standards of Care (WPATH)
- Nat’l Assoc. of School Psychologists and Gender Spectrum: Gender Inclusive School FAQs
- My Gender Journey
- Gender Identity Disorder: Has Accepted Practice Caused Harm?
- Health and Wellness Screening Tools (SAMHSA)

Professional Development and Research

- Families Grapple with Son’s Gender Preferences
- Nat’l Assoc. of School Psychologists: Transgender Youth
- Report of the APA Task Force on Gender Identity and Gender Variance
- Between Pink and Blue
- From Gender Identity Disorder to Gender Identity Creativity
- The Gender Creative Child: Pathways for Nurturing and Supporting Children Who Live Outside Gender Boxes
- Gender Born, Gender Made: Raising Healthy Gender-Nonconforming Children
- Gender Norms: A Key to Improving Health and Wellness Among Black Women and Girls
- Delivering Culturally and Gender-Responsive Treatment to Latinas
- The Family Acceptance Project
- To the Beat of a Different Drummer
- Answers to Your Questions About Transgender Individuals and Gender Identity
- Early Childhood Development – Your Options – How Do I Know If My Child Is Transgender?
- Gender Identity Disorder in Children and Adolescents
- Clinical Management of Gender Identity Disorder in Adolescents: A Protocol on Psychological and Pediatric Endocrinology Aspects
- Transgender Youth: Providing Medical Treatment for a Misunderstood Population
- Transgender Youth and Life Threatening Behaviors
- Impacts of Strong Parental Support for Trans Youth
- Transgender Children – More than a Theoretical Challenge