

Gender-affirming mental health care for children and youth is a dynamic, rapidly developing area of practice. Learn more with our research and resources.

### **Understanding Gender**

- [Understanding Gender](#)
- [The Language of Gender](#)

### **Principles of Affirmative Care**

- [Gender Affirmative Care Model](#)
- [Recommendations for Promoting the Health and Well-Being of LGBT Adolescents](#)
- [Working with Transgender Youth - Getting Down to Basics](#)

### **Best Practices**

- [Standards of Care \(WPATH\)](#)
- [Nat'l Assoc. of School Psychologists and Gender Spectrum: Gender Inclusive School FAQs](#)
- [My Gender Journey](#)
- [Gender Identity Disorder: Has Accepted Practice Caused Harm?](#)
- [Health and Wellness Screening Tools \(SAMHSA\)](#)

### **Professional Development and Research**

- [Families Grapple with Son's Gender Preferences](#)
- [Nat'l Assoc. of School Psychologists: Transgender Youth](#)
- [Report of the APA Task Force on Gender Identity and Gender Variance](#)
- [Between Pink and Blue](#)
- [From Gender Identity Disorder to Gender Identity Creativity](#)
- [The Gender Creative Child: Pathways for Nurturing and Supporting Children Who Live Outside Gender Boxes](#)
- [Gender Born, Gender Made: Raising Healthy Gender-Nonconforming Children](#)
- [Gender Norms: A Key to Improving Health and Wellness Among Black Women and Girls](#)
- [Delivering Culturally and Gender-Responsive Treatment to Latinas](#)
- [The Family Acceptance Project](#)
- [To the Beat of a Different Drummer](#)
- [Answers to Your Questions About Transgender Individuals and Gender Identity](#)
- [Early Childhood Development - Your Options - How Do I Know If My Child Is Transgender?](#)

- [Gender Identity Disorder in Children and Adolescents](#)
- [Clinical Management of Gender Identity Disorder in Adolescents: A Protocol on Psychological and Pediatric Endocrinology Aspects](#)
- [Transgender Youth: Providing Medical Treatment for a Misunderstood Population](#)
- [Transgender Youth and Life Threatening Behaviors](#)
- [Impacts of Strong Parental Support for Trans Youth](#)
- [Transgender Children - More than a Theoretical Challenge](#)