A comprehensive collection of research, resources, and stories to help any parent, family member, or guardian learn more about gender diversity.

**Understanding Gender**
- [Understanding Gender](#)
- [The Language of Gender](#)
- [Becoming Me](#)

**Research Related to Parenting and Family**
- [Supporting Our Gender Expansive Youth](#)
- [Impacts of Strong Parental Support for Trans Youth](#)
- [Helping Families Support Their Lesbian, Gay, Bisexual, and Transgender (LGBT) Children - The Family Acceptance Project](#)
- [Mental Health of Transgender Children Who Are Supported in Their Identities](#)

**General Parenting Resources**
- [The Transgender Child: A Handbook for Families and Professionals](#)
- [The Transgender Teen: A Handbook for Parents and Professionals Supporting Transgender and Non-Binary Teens](#)
- [The Gender Creative Child: Pathways to Nurturing and Supporting Children Who Live Outside Gender Boxes](#)
- [Gender Born, Gender Made: Raising Healthy Gender-Nonconforming Children](#)
- [Affirming vs. Non-affirming Parenting Behaviors](#)
- [Talking to Young Children About Gender](#)
- [Early Childhood Development – Your Options – How Do I Know if My Child is Transgender?](#)
- [Supporting Gender Independent Children and Their Families](#)

**Raising Kids Outside the Gender Binary**
- [Understanding Gender](#)
- [Parenting Non-Binary Youth](#)
- [Beyond Male, Female and Transgender: A Discussion of Non-binary Gender Identities (Gender Spectrum Youtube Channel)](#)
- [A Place in the Middle](#)
- [MTV True Live: I'm Genderqueer](#)
- [I Don’t Identify as a Boy or a Girl: This is My Story](#)
- Why does my kid want to change their name and pronouns?
- So Your Child is Nonbinary: A Guide for Parents

Non-English Resources

- Comprender las cuestiones de género
- Nuestros servicios: La crianza de los hijos y las familias
- Conversando sobre la Diversidad de Género con Niños
- Cómo comunicar un cambio de condición de género en la escuela: Consideraciones fundamentales
- Niños saludables con el apoyo familiar
- Chinese Family Acceptance Project Booklet

Sharing the Experience of Raising Gender-Expansive or Transgender Children

- Communicating with Family and Friends (Sample Letters)
- Preparing for the Holidays
- The Mother Co. Blog series (Part 1, Part 2)
- What’s So Bad About a Boy Who Wants to Wear a Dress? NY Times article
- Raising Ryland
- Raising My Rainbow
- Transitions of the Heart
- Mother of Transgender Child Gives Speech

Privacy & Safety

- Privacy Considerations
- Safety Considerations

Schools

- Choosing a School
- Initial School Meeting
- Gender Support Plan and Using the Gender Support Plan (video)
- Gender Communication Plan and Key Considerations: Using the Gender Communication Plan
- Schools in Transition: A Guide for Supporting Transgender Students in K-12 Schools
- Bathrooms and Transgender Students: Frequently Asked Questions
- Helpful Hints for Parents: Working with Your Child’s School (audio)
- A Tale of Two Preschools: One Mom’s Story (audio)
- California Safe Schools Coalition – Research Brief
- Gender, Safety, and Schools: Taking the Road Less Traveled
also visit our Resources: Education page for more materials to share with your school

Education Beyond High School

- Choosing a College
  - You’ve applied to college, now what? College professionals share their expertise on pursuing education beyond high school
  - Choosing the right college: Advice from young adults

Camps, Sports Leagues & Other Activities

- Framework for Gender Inclusive Camps
- FAQ for Summer Camps and Activities
- Gender Support Plan for Camp
- Planning for Gender Changes at Camp
- Gender Inclusive Camps: A Webinar for Camp Professionals (Gender Spectrum Youtube Channel)
- Creating Gender Inclusive Spaces at Camps and Other Summer Program (Gender Spectrum Youtube Channel)
- Supporting Transgender and Gender Nonconforming Youth at Summer Camps
- Transgender Youth – The Role Camps Might Play
- Transathlete.com
- Model Policy for Transgender Athletes in High School
- NCLR Sports Project

Medical

- Choosing Professionals to Work with Your Family
- The Child and Adolescent Gender Center
- Changing Bodies to Match Gender Identity
- Video: Johanna Olson, MD Medical Director, Center For Transyouth Health and Development, Children’s Hospital Los Angeles, shares advice for parents of transgendered youth.

Legal

- Changing Birth Certificates State-by-State guide