

Key tips on knowing your rights, discussing your experiences, and understanding your gender as you navigate your Gender identity across multiple realms.

Understanding Gender

- [Understanding Gender](#)
- [The Language of Gender](#)

Understanding Your Gender

- [Questions to Consider When Coming Out](#)
- [Teen Dating & Relationships](#)
- [Resources for Allies](#)

Know Your Rights

- [Know Your Rights - A Guide for Trans and Gender Nonconforming Students](#)
- [Name Change and Pronouns at School](#)
- [Changing Birth Certificates State-by-State Guide](#)
- [Changing Your Gender on Your Passport](#)

Schools

- [Dress Code](#)
- [How Do I File a Complaint?](#)

College

- [QTPOC Advocacy - Campus Pride](#)
- [College Guide for LGBTQ Students - Best Colleges](#)
- [Resources for LGBT Students of Color - Campus Pride](#)

Medical

- [Questions to Assess Your Medical Provider](#)
- [Medical Carry Letter](#)
- [Doctor's Letter for Gender Change](#)

If you or a loved one is in crisis and need immediate support please contact:

Crisis Text Line: <http://www.crisistextline.org/>

Trans Lifeline: 877-565-8860 (US) <http://www.translifeline.org/>

The Trevor Project at 1-866-4-U-TREVOR (866-488-7386) or [visit their website](#)

The National Suicide Prevention Lifeline at 1-800-273-TALK (8255) or [visit their website](#)