



## **Free Webinar: Understanding Gender for Parents, Families and Friends**

**Wednesday, March 27 at 5pm  
PT/8pm ET**

Is there someone in your life you would like to have a deeper appreciation for gender diversity? Or maybe you would like to learn more yourself? This might be the perfect fit! Gender Spectrum's Pam Wool will host an online webinar on "Understanding Gender" geared towards parents, family and friends. You can join the webinar by Zoom online or by telephone. If you are joining Zoom for the first time, please join a few minutes early, as you may need to download a plugin to access Zoom.

We would love to hear your questions ahead of time, so please include them in your registration form and we will do our best to have Pam answer them. We hope you and/or your family and

friends will join us!

[Register here](#)

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## Gender Spectrum Story Time: *The Prince and the Dressmaker*



We really enjoyed this conversation with Oxford interviewing author and illustrator Jen Wang! Hear an excerpt from Jen's graphic novel *The Prince and the Dressmaker*, a lovely story of identity, young love, art, and family. You can learn more about Jen and buy the book on [her website](#).

## Navigating Barbershops and Salons

Hair can be a really powerful tool for gender expression, and for many of us our hair affirms our gender identity in really special ways. But barbershops and salons can be intimidating spaces

and it can be a process to find the haircut that truly makes you feel good! In our upcoming project, we will be creating a safe space for youth to learn how to navigate barbershops by providing basic tools to help you create the best versions of yourself. [Follow us on Instagram](#) to keep up with the project, and if you live in the Bay Area, later this spring we will have an Instagram drawing where you could win a free haircut!

## **Gender-Inclusive Puberty and Health Education**

We hope you have had a chance to see our new resource on "Principles of Gender-Inclusive Puberty and Health Education." This guide for educators, endorsed by six leading national organizations devoted to inclusive health education, are designed to affirm and recognize all students so they can see themselves reflected in their classrooms and gain knowledge and skills associated with healthy behaviors. As the [New York Times](#) noted, the principles will help “ensure that no student’s passage through puberty is stigmatized or made invisible.”

More than 140 educators and professionals attended our webinar on the document, to help guide them in implementing the principles in their

classrooms. A recording of the webinar is available on our [YouTube channel](#).

## Choosing the Right College

This time of year, many high schoolers are looking at colleges, but how do you know what's right for you? We asked a panel of gender-diverse college students for their advice, and all this week we will feature short clips from the video on our [Instagram](#) and [Facebook](#) feeds. You can also watch the full video on [our YouTube channel](#).

## Faith and Gender

Our Faith Coordinator Austen Hartke recently had two conversations in our series of Interviews with Faith Leaders. First, he spoke with Cindy Wang-Brandt, author of "Parenting Forward: How to Raise Children with Justice, Mercy, and Kindness," and then he had a chat with Daniel Cho on "Becoming an LGBTQ+ Affirming Korean American Church." You can watch these and all of the interviews on our [YouTube playlist](#). Also keep an eye on our [Instagram](#) and [Facebook](#) feeds for Austen's new series of faith and gender FAQs, starting this week.

We are also proud to announce that Austen has been awarded the prestigious Bush Fellowship to further his work in creating safe and inclusive

places for LGBTQ people. You can read more about the Bush Fellowship and see all of the award winners on the [Bush Foundation website](#).



## **Congressional Briefings**

Earlier this month, Gender Spectrum Executive Director Lisa Kenney traveled to Washington, DC, where she facilitated House and Senate listening sessions on issues faced by gender-diverse youth and their families. Lisa and a group of families met with lawmakers and staffers interested in learning about these issues so that they can better represent and advocate for the needs of their constituents. Many thanks to the amazing group of youth and parents who took time to help bring a personal perspective to the conversation: Amanda, Frey, Shannon, Grace, Ann, Harry, Ali and John.



## Creating Gender-Inclusive Schools

Gender Spectrum's Senior Director of Professional Development Joel Baum travels the country to help school districts, leading educational organizations and state and national educational leaders in learning how to implement gender-inclusive practices and policies in their schools. Last year, our trainings reached organizations that serve more than 3.2 million children!

This spring we have large, regional trainings coming up in Chicago, Maryland and New York, including an [\*\*Inclusive Schools Network Institute\*\*](#) sponsored by the National Association of Independent Schools. If you are interested in learning more about these trainings or any of our professional development offerings, please contact us at [\*\*info@genderspectrum.org\*\*](mailto:info@genderspectrum.org).

## Upcoming Online Groups

This spring we have a few new groups for parents and other adults, including

our group for Spanish speakers:

Our **Faith and Gender** online discussion for parents, family and friends of gender-diverse youth begins this week. The group will meet for three Tuesdays at 6pm PT/9pm ET starting on March 26. Register for the group [here](#).

**Navigating Gender and Race** is a discussion group for parents of color raising gender-diverse kids. The group will meet four times later this spring (dates and times TBA), so [register now](#) to be sure to get the details.

The next meeting of our **Facilitators Support Group** is Thursday, April 4 at 11am PT/2pm ET. The group is for anyone who runs a group that serves youth and/or families and who wants to learn about issues related to gender and youth - it's a space where you can ask any and all questions about gender that you have, or that arise in your group, in a confidential setting. The group meets on the first Thursday of every month. [Register here](#).

Comunicar a miembros de la familia y amigxs acerca de la identidad de género de su hijx: una discusión grupal para padres y otros adultos miembros de la familia. [Regístrate ahora](#).

The [groups page](#) on our website is updated regularly with new groups for adults and youth - check back often for

new groups.



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Gender Spectrum creates gender sensitive and inclusive environment  
for all children and teens.

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