

The Parent/Caregiver Support Group is a great resource for parents and caregivers to talk about parenting Gender-expansive children and teens.

These groups are a sensitive space for parents/caregivers to receive support while they explore what is happening with the children in their lives, their own thoughts and feelings, and how to best support their children.

Are you helping raise a child whose Gender expression is outside of typical gender norms? Does your child – or a child you know – prefer to wear the clothes of the “opposite” gender or ask/insist that you refer to them with the “opposite” pronoun? Do you struggle with how best to support your child while helping them stay safe?

You are not alone—come share your experiences with other parents, caregivers, and family members. Gender Spectrum offers a monthly support and information group for adults raising gender-expansive and Transgender children. We meet regularly to discuss what gender diversity means to our children and our families. Through sharing with each other, we learn to navigate our own struggles, support our children in the best way possible, and work to make the world a safer place for all children.

Bay Area In-Person Support Group

6:30 – 8:30 pm once a month
Emeryville, California
FREE

For more information, including dates and times, please call us at 510-788-4412, or email us at info@genderspectrum.org.